



Dietician Priyam Ahuja



This Ring is a symbol
of commitment

Your Commitment to Health
And a Commitment from
Dietician Priyam Ahuja
To nourish and give you a
lifetime gift :

Your Health

Is a Practicing Dietician, an Anti-Obesity Expert, Sports Nutritionist and Founder of Diet of a Dietician working pan India with a motto to create a niche towards healthy living

An Internationally Awarded Nutritionist and a consultant to Television and Media faces ,Corporate, Sports Players, Housewives and just everyone. Priyam has been creating awareness about Healthy living through expert talks on television, internet interviews and chat sessions, radio, magazines, newspapers along with seminars and workshops.

She was honoured with an International Award in Sports and Nutrition in March 2012 for her credible work in the field of nutrition education using effective communication packages to increase the knowledge, change the attitude and improve the dietary practices of Indians , She's also been acting as a guest lecturer for Post Graduate course in Sports Science and Nutrition at BMN College SNDT University, Mumbai .

Priyam's clients call her as the Diamond Dietician , as she always associates your body to the Diamond , not just the fact that its precious, but also focuses on making your body as powerful as a diamond whom the fire cannot burn, the water cannot melt and Earth cannot decay ...

Get Stronger, get the resistance to any and every health ailment and stay Healthy

Priyam has brought happiness in lives of people dealing with obesity , hypertension , diabetes , hyperlipidemia, Heart diseases , Stroke ,Thyroid , PCOD , Post Pregnancy weight gain , Eating Disorders and Lifestyle Modifications

Priyam is a Life Member of Nutrition Society Of India , Indian Dietetic Association and Global Speakers Federation
MSc Foods Nutrition Dietetics
Merit PGD Nutrition and Exercise for Health and Fitness
Merit Scholarship BSc Foods Nutrition Dietetics